

# 5-Minute Home Huddle

*A 5-minute, 5-step formula for nurturing your family's faith*

- ◆ **Share Highs and Lows.** What is one “thumbs up” and one “thumbs down” experience for the day?
- ◆ **Read God’s Word.** See suggested daily list below.
- ◆ **Talk.** How does today’s scripture relate to your Highs and Lows or this week’s *My Next Spiritual Step* theme — **Worship?**
- ◆ **Pray** about your family’s discussion. This may include your family, school, workplace, community, nation, world....
- ◆ **Bless** one another.

### This Week’s Blessing

(Name), Child of God, May all you say and do give God glory, honor, and praise.

*Say with a hug or by tracing a cross on the forehead.*

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### God’s Word for Nov 4—10

**Sunday**  
Psalm 34:1 & 3

**Thursday**  
Romans 12:1

**Monday**  
Revelation 4:11

**Friday**  
Matthew 15:8-9

**Tuesday**  
Mark 12:30

**Saturday**  
Hebrews 10:25

**Wednesday**  
Matthew 2:11

*See reverse side for background information.*

# Does *Your* Home Need a Huddle?

- ◆ In America, we have more TVs than people, and we watch about 28 hours of television per week.
- ◆ Parents and children interact for an average of 37.5 minutes per week, which is just over one day (32 hours) per year.
- ◆ The internet is beginning to surpass television as the primary media for youth
- ◆ Desperate for connection and meaning, 40% of youth have envisioned a plan for suicide.

Home Huddles are an interactive, relevant way to gather as a family to read and discuss scripture and allow each family member to share about his or her day, pray, and receive a blessing — all in minutes a day!

Home Huddles are a great way of doubling your family’s interaction time by providing a simple recipe for meaningful conversation. **Are Home Huddles your family’s Next Spiritual Step?**



**Early Childhood and Youth Discussion Groups**  
Check out each week’s theme.  
- Sundays, 10 – 11 a.m.  
- September 16 – November 11

- ◆ **Bible Study**
  - for parents of birth to 5-year-old children
  - Room 202
  - Contact Paul & Sarah Newman at 763-561-9781 or [sarahnewman712@hotmail.com](mailto:sarahnewman712@hotmail.com)
- ◆ **Youth Discussion Group** (9-12<sup>th</sup> grade)
  - in the Student Underground
  - Come for a discussion about life, love, and Calvary’s 7 areas of spiritual growth.
  - Contact Bryan McInnis at 763-231-2958 or [bmcinnis@calvary.org](mailto:bmcinnis@calvary.org)